Shell **Helix** ***High Mileage 10W-40***

Synthetic technology motor oil - Helps to stop the ageing process in your engine

Shell Helix High Mileage helps protect high mileage engines from the formation of sludge and engine deposits. It contains anti-wear additives to help slow down wear and seal conditionng agents to help stop oil leakage.

Proud Drivers Choose Shell Helix

Main Applications

- Everyday motorway or city driving can mean severe conditions for engine oil. Shell Helix High Mileage helps to prolong the engine life of modern vehicles in demanding daily traffic conditions. Suitable for gasoline, gas or ethanol containing fuels.

Specifications, Approvals & Recommendations

- API SN
- To find the right Shell Helix product for your vehicles and equipment, please consult Shell Lubematch at: http://lubematch.shell.com
- Advice on applications not covered here may be obtained from your Shell or Shell Lubricants distributor representatives or technical help desks.

Typical Physical Characteristics

Properties			Method	Shell Helix High Mileage 10W-40
Kinematic viscosity	@100°C	cSt	ASTM D445	15.90
Kinematic viscosity	@ 40°C cSt	cSt	ASTM D445	106.60
Viscosity Index			ASTM D2270	159
MRV	@ -30C	cP	ASTM D4684	25 600
Density	@15°C	kg/m³	ASTM D4052	867.0
Flash Point		°C	ASTM D93	200
Pour Point		°C	ASTM D97	-33

These characteristics are typical of current production. Whilst future production will conform to Shell's specification, variations in these characteristics may occur.

Health, Safety & Environment

- **Health and Safety**

  Shell Helix High Mileage 10W-40 is unlikely to present any significant health or safety hazard when properly used in the recommended application and good standards of personal hygiene are maintained.

  Avoid contact with skin. Use impervious gloves with used oil. After skin contact, wash immediately with soap and water.

  Guidance on Health and Safety is available on the appropriate Material Safety Data Sheet, which can be obtained from www.epc.shell.com

- **Protect the Environment**

  Take used oil to an authorised collection point. Do not discharge into drains, soil or water.